



FIRST-AID TRAINING SA

## COURSE INFORMATION

# 2024 COURSE INFORMATION

- ♦ [SP-230801:](#) Basic Emergency First Aid Responder (First Aid Level 1).
- ♦ [SP-230802:](#) Intermediate Emergency First Aid Responder (First Aid Level 2).
- ♦ [SP-230803:](#) Advanced Emergency First Aid Responder (First Aid Level 3).
- ♦ [Workshop:](#) Basic Fire Fighting.
- ♦ [Workshop:](#) SHE REP (Safety, Health, and Environmental Representative).

*All training interventions and material is in English*

*Contact us for more information regarding onsite training and combo courses.*



[info@firstaidtrainingsa.co.za](mailto:info@firstaidtrainingsa.co.za)



012 460 9585



[www.firstaidtrainingsa.co.za](http://www.firstaidtrainingsa.co.za)

### FIRST AID TRAINING SA (PTY) LTD

Company Registration No: 2013/079938/07

QCTO Accreditation No: 07-QCTO/SDP050324200537

Department of Employment and Labour (DEL) No: CI 563/3/12/1



DIRECTORS

PRETORIA | 012 460 9585 |  
JOHANNESBURG | 011 568 0773 |

E BRAZENDALE | WJM RUST | HC PIENAAR

HEAD OFFICE, 7 Van Wouw Street, Groenkloof  
Unit 9 Rivonia Gate Office Park, 381 Rivonia Blvd, Sandton



FIRST-AID TRAINING SA

# SP-230801 FIRST AID LEVEL 1

## BASIC EMERGENCY FIRST AID RESPONDER

### DURATION

2 days

### PRICE

R1600 Incl. VAT

### SKILLS PROGRAMME

SP-230801

### ACCREDITATION

QCTO/SDP050324200537

DEL: CI 563/3/12/1

### REQUIREMENTS

- ♦ Read, write, & understand English.

### COURSE CONTENT

- ♦ Anatomy and physiology.
- ♦ Legal and ethical First Aid – including consent.
- ♦ Emergency scene management – including personal safety.
- ♦ Primary & secondary assessment.
- ♦ CPR – adult, child, & infant.
- ♦ AED – Automated external defibrillator.
- ♦ Respiratory distress – including artificial respiration.
- ♦ Choking – blocked airway; adult, child, & infant.
- ♦ Identify & manage shock.
- ♦ Cardiac arrest & strokes.
- ♦ Thermal stress (environmental emergencies).
- ♦ Wounds & bleeding.
- ♦ Burns & fractures.
- ♦ Dislocations, strains, & sprains.
- ♦ Unconsciousness & fainting.
- ♦ Head & spinal injuries.
- ♦ Poisoning, bites, & stings.

### ASSESSMENT

- ♦ Completion of workbook (requires 85% to pass).
- ♦ Practical demonstration of First Aid skills.

### AWARD / CERTIFICATE

- ♦ QCTO Statement of Result.
- ♦ Digital certificate only.
- ♦ Valid for 3 years
- ♦ *If found 'not yet competent', an attendance certificate will be issued.*

### WHO SHOULD ATTEND?

- ♦ All individuals.
- ♦ Building contractors.
- ♦ Child care givers.
- ♦ Coaches.
- ♦ Mining contractors.
- ♦ Office workers.
- ♦ Personal trainers.
- ♦ Teachers.
- ♦ Tourist guides, etc.

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SP-230801

## FIRST AID LEVEL 1 (ONLINE) BASIC EMERGENCY FIRST AID RESPONDER

### DURATION

**Online:** 1 week to complete your theory online  
**Practical:** 1-day practical session at our Pretoria branch

### PRICE

R1600 Incl. VAT

### SKILLS PROGRAMME

SP-230801

### ACCREDITATION

QCTO/SDP050324200537

DEL: CI 563/3/12/1

### REQUIREMENTS

- ♦ Read, write, & understand English.

### INSTRUCTIONS

- ♦ Follow this link to access the course online: <https://agriskillsonline.co.za/product/first-aid-level-1/>
- ♦ Find First Aid level 1 course on the website.
- ♦ Register and pay.
- ♦ Complete the learner registration form, upload your ID copy and choose your practical date.
- ♦ Complete the Introduction and all 5 Modules, as well as each quiz.
- ♦ Complete the assessment (35 questions), after completion of all questions you will get your results, please print this and bring it with to the practical.
- ♦ Complete the declaration of authenticity.
- ♦ Complete the survey.

### ASSESSMENT

- ♦ Completion of workbook (requires 85% to pass).
- ♦ Practical demonstration of First Aid skills.

### AWARD / CERTIFICATE

- ♦ QCTO Certificate, Digital certificate only.
- ♦ Valid for 3 years
- ♦ *If found 'not yet competent', an attendance certificate will be issued.*

### WHO SHOULD ATTEND?

- ♦ All individuals.
- ♦ Building contractors.
- ♦ Child care givers.
- ♦ Coaches.
- ♦ Mining contractors.
- ♦ Office workers.
- ♦ Personal trainers.
- ♦ Teachers.
- ♦ Tourist guides, etc.



FIRST-AID TRAINING SA

# SP-230802 FIRST AID LEVEL 2

## INTERMEDIATE EMERGENCY FIRST AID RESPONDER

### DURATION

3 days

### PRICE

R2150 Incl. VAT

### SKILLS PROGRAMMES

SP-230802 (incl. SP-230801)

### ACCREDITATION

QCTO/SDP050324200537

DEL: CI 563/3/12/1

### REQUIREMENTS

- ♦ Read, write, & understand English.
- ♦ SP-230801.

### COURSE CONTENT

- ♦ Anatomy and physiology.
- ♦ Legal and ethical First Aid – including consent.
- ♦ Emergency scene management – including personal safety.
- ♦ Primary & secondary assessment.
- ♦ CPR – adult, child, & infant.
- ♦ AED – Automated external defibrillator.
- ♦ Respiratory distress – including artificial respiration.
- ♦ Choking – blocked airway; adult, child, & infant.
- ♦ Identify & manage shock, cardiac arrest & strokes.
- ♦ Thermal stress – including environmental injuries & illnesses.
- ♦ Wounds & bleeding – including amputations & chest injuries.
- ♦ Burns & fractures – including abdominal & pelvic injuries.
- ♦ Dislocations, strains, & sprains.
- ♦ Unconsciousness & fainting.
- ♦ Head & spinal injuries.
- ♦ Poisoning, bites, & stings.
- ♦ Water emergencies (drowning).
- ♦ Records of incident / accident.

### ASSESSMENT

- ♦ Completion of workbook (requires 85% to pass).
- ♦ Practical demonstration of First Aid skills.

### AWARD / CERTIFICATE

- ♦ QCTO Statement of Result.
- ♦ Digital certificate only.
- ♦ Valid for 3 years.
- ♦ *If found 'not yet competent', an attendance certificate will be issued.*

### WHO SHOULD ATTEND?

- ♦ All individuals.
- ♦ Au pairs & child care givers.
- ♦ Persons wishing to immigrate.
- ♦ New parents, etc.

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## ADVANCED EMERGENCY FIRST AID RESPONDER

### DURATION

4 days

### PRICE

R3200 Incl. VAT

### SKILLS PROGRAMMES

SP-230803 (incl. SP-230801 & SP-230802)

### ACCREDITATION

QCTO/SDP050324200537

DEL: CI 563/3/12/1

### REQUIREMENTS

- ♦ Read, write, & understand English.
- ♦ SP-230802.

### COURSE CONTENT

- ♦ Anatomy and physiology.
- ♦ Legal and ethical First Aid – including consent.
- ♦ Emergency scene management – including personal safety.
- ♦ Primary & secondary assessment.
- ♦ CPR – adult, child, & infant.
- ♦ AED – Automated external defibrillator.
- ♦ Respiratory distress – including artificial respiration.
- ♦ Choking – blocked airway; adult, child, & infant.
- ♦ Identify & manage shock, cardiac arrest & strokes.
- ♦ Thermal stress – including environmental injuries & illnesses.
- ♦ Wounds & bleeding – including amputations & chest injuries.
- ♦ Burns & fractures – including abdominal & pelvic injuries.
- ♦ Dislocations, strains, & sprains.
- ♦ Unconsciousness & fainting; head & spinal injuries.
- ♦ Poisoning, bites, & stings.
- ♦ Water emergencies (drowning).
- ♦ Exposure to communicable diseases.
- ♦ Emergency childbirth.
- ♦ Records of incident / accident.

### ASSESSMENT

- ♦ Completion of workbook (requires 85% to pass).
- ♦ Practical demonstration of First Aid skills.

### AWARD / CERTIFICATE

- ♦ QCTO Statement of Result.
- ♦ Digital certificate only.
- ♦ Valid for 3 years.
- ♦ *If found 'not yet competent', an attendance certificate will be issued.*

### WHO SHOULD ATTEND?

- ♦ All individuals.
- ♦ Au pairs & child care givers.
- ♦ Persons wishing to immigrate.
- ♦ First Aid Facilitators

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FIRST-AID TRAINING SA

# BASIC FIRE FIGHTING

## DURATION

5+ hours

## PRICE

R780 Incl. VAT

## COURSE TYPE

Workshop – non-accredited

## COURSE CONTENT

- ♦ Nature of fire.
- ♦ Identifying risks in the workplace.
- ♦ Fire classification.
- ♦ Methods of fire transmission.
- ♦ Firefighting and safety equipment.
- ♦ Firefighting procedures and techniques; incl. evacuation.
- ♦ Fire prevention.

## REQUIREMENTS

- ♦ Read, write, & understand English.

## ASSESSMENT

- ♦ Practical demonstration – use of a hand-held fire extinguisher.
- ♦ Completion of workbook (requires 85% to pass).
- ♦ *If found 'not yet competent', an attendance certificate will be issued.*

## AWARD / CERTIFICATE

- ♦ First Aid Training SA Certificate. Valid for 2 years.
- ♦ Certificates will be issued to all candidates attending training within 10 working days from successful completion of training.
- ♦ Digital certificate.

## WHO SHOULD ATTEND?

- ♦ All individuals.
- ♦ Building contractors.
- ♦ Mining contractors.
- ♦ Office workers.
- ♦ Safety representatives.
- ♦ Etc.

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SHE REP: Safety, Health, and Environmental Representative  
For persons wishing to perform SHE REP duties at their workplace

### DURATION

1 day

### PRICE

R980 Incl. VAT

### COURSE TYPE

Workshop – non-accredited

### COURSE CONTENT

- ♦ Introduction to Occupational Health & Safety (OHS).
- ♦ Overview of the OHS ACT (no 85 of 1993).
- ♦ Overview of the General Safety & Administrative Regulations.
- ♦ Section 17 – Health and Safety Representatives.
- ♦ Section 18 – Functions of Health and Safety Representatives.
- ♦ Section 19 – Health and Safety Committees.
- ♦ Section 20 – Functions of Health and Safety Committees.
- ♦ Workplace inspections.
- ♦ Injury / accident reporting.
- ♦ Control measures.
- ♦ Employer & employee responsibilities.

### REQUIREMENTS

- ♦ Read, write, & understand English.
- ♦ Communication & Math literacy on ABET Level 3.
- ♦ Grade 7 certificate.

### ASSESSMENT

- ♦ Classroom assignments.
- ♦ *If found 'not yet competent', an attendance certificate will be issued.*

### AWARD / CERTIFICATE

- ♦ First Aid Training SA Certificate. Valid for 2 years.
- ♦ Certificates will be issued to all candidates attending training within 10 working days from successful completion of training.
- ♦ Digital certificate.

### WHO SHOULD ATTEND?

- ♦ Business owners / Managers.
- ♦ Persons in construction industry.
- ♦ Persons interested in OHS.
- ♦ Persons in mining industry.
- ♦ Safety representatives.
- ♦ Shop foremen, etc.

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