



FIRST-AID TRAINING SA

COURSE INFORMATION

2024 COURSE INFORMATION

- ♦ [SP-230801](#): Basic Emergency First Aid Responder (First Aid Level 1).
- ♦ [SP-230802](#): Intermediate Emergency First Aid Responder (First Aid Level 2).
- ♦ [SP-230803](#): Advanced Emergency First Aid Responder (First Aid Level 3).
- ♦ [Workshop](#): Basic Fire Fighting.
- ♦ [Workshop](#): SHE REP (Safety, Health, and Environmental Representative).

All training interventions and material is in English

Contact us for more information regarding onsite training and combo courses.



info@firstaidtrainingsa.co.za



012 460 9585



www.firstaidtrainingsa.co.za

FIRST AID TRAINING SA (PTY) LTD

Company Registration No: 2013/079938/07

QCTO Accreditation No: 07-QCTO/SDP050324200537

Department of Employment and Labour (DEL) No: CI 563/3/12/1



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FIRST-AID TRAINING SA

SP-230801 FIRST AID LEVEL 1

BASIC EMERGENCY FIRST AID RESPONDER

DURATION

2 days

PRICE

R1400 Incl. VAT

SKILLS PROGRAMME

SP-230801

ACCREDITATION

QCTO/SDP050324200537

DEL: CI 563/3/12/1

REQUIREMENTS

- ♦ Read, write, & understand English.

COURSE CONTENT

- ♦ Anatomy and physiology.
- ♦ Legal and ethical First Aid – including consent.
- ♦ Emergency scene management – including personal safety.
- ♦ Primary & secondary assessment.
- ♦ CPR – adult, child, & infant.
- ♦ AED – Automated external defibrillator.
- ♦ Respiratory distress – including artificial respiration.
- ♦ Choking – blocked airway; adult, child, & infant.
- ♦ Identify & manage shock.
- ♦ Cardiac arrest & strokes.
- ♦ Thermal stress (environmental emergencies).
- ♦ Wounds & bleeding.
- ♦ Burns & fractures.
- ♦ Dislocations, strains, & sprains.
- ♦ Unconsciousness & fainting.
- ♦ Head & spinal injuries.
- ♦ Poisoning, bites, & stings.

ASSESSMENT

- ♦ Completion of workbook (requires 85% to pass).
- ♦ Practical demonstration of First Aid skills.

AWARD / CERTIFICATE

- ♦ QCTO Statement of Result.
- ♦ Digital certificate only.
- ♦ Valid for 3 years
- ♦ *If found 'not yet competent', an attendance certificate will be issued.*

WHO SHOULD ATTEND?

- ♦ All individuals.
- ♦ Building contractors.
- ♦ Child care givers.
- ♦ Coaches.
- ♦ Mining contractors.
- ♦ Office workers.
- ♦ Personal trainers.
- ♦ Teachers.
- ♦ Tourist guides, etc.

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FIRST-AID TRAINING SA

SP-230802 FIRST AID LEVEL 2

INTERMEDIATE EMERGENCY FIRST AID RESPONDER

DURATION

3 days

PRICE

R1750 Incl. VAT

SKILLS PROGRAMMES

SP-230802 (incl. SP-230801)

ACCREDITATION

QCTO/SDP050324200537

DEL: CI 563/3/12/1

REQUIREMENTS

- ♦ Read, write, & understand English.
- ♦ SP-230801.

COURSE CONTENT

- ♦ Anatomy and physiology.
- ♦ Legal and ethical First Aid – including consent.
- ♦ Emergency scene management – including personal safety.
- ♦ Primary & secondary assessment.
- ♦ CPR – adult, child, & infant.
- ♦ AED – Automated external defibrillator.
- ♦ Respiratory distress – including artificial respiration.
- ♦ Choking – blocked airway; adult, child, & infant.
- ♦ Identify & manage shock, cardiac arrest & strokes.
- ♦ Thermal stress – including environmental injuries & illnesses.
- ♦ Wounds & bleeding – including amputations & chest injuries.
- ♦ Burns & fractures – including abdominal & pelvic injuries.
- ♦ Dislocations, strains, & sprains.
- ♦ Unconsciousness & fainting.
- ♦ Head & spinal injuries.
- ♦ Poisoning, bites, & stings.
- ♦ Water emergencies (drowning).
- ♦ Records of incident / accident.

ASSESSMENT

- ♦ Completion of workbook (requires 85% to pass).
- ♦ Practical demonstration of First Aid skills.

AWARD / CERTIFICATE

- ♦ QCTO Statement of Result.
- ♦ Digital certificate only.
- ♦ Valid for 3 years.
- ♦ *If found 'not yet competent', an attendance certificate will be issued.*

WHO SHOULD ATTEND?

- ♦ All individuals.
- ♦ Au pairs & child care givers.
- ♦ Persons wishing to immigrate.
- ♦ New parents, etc.

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ADVANCED EMERGENCY FIRST AID RESPONDER

DURATION

4 – 5 days

PRICE

R2650 Incl. VAT

SKILLS PROGRAMMES

SP-230803 (incl. SP-230801 & SP-230802)

ACCREDITATION

QCTO/SDP050324200537

DEL: CI 563/3/12/1

REQUIREMENTS

- ♦ Read, write, & understand English.
- ♦ SP-230802.

COURSE CONTENT

- ♦ Anatomy and physiology.
- ♦ Legal and ethical First Aid – including consent.
- ♦ Emergency scene management – including personal safety.
- ♦ Primary & secondary assessment.
- ♦ CPR – adult, child, & infant.
- ♦ AED – Automated external defibrillator.
- ♦ Respiratory distress – including artificial respiration.
- ♦ Choking – blocked airway; adult, child, & infant.
- ♦ Identify & manage shock, cardiac arrest & strokes.
- ♦ Thermal stress – including environmental injuries & illnesses.
- ♦ Wounds & bleeding – including amputations & chest injuries.
- ♦ Burns & fractures – including abdominal & pelvic injuries.
- ♦ Dislocations, strains, & sprains.
- ♦ Unconsciousness & fainting; head & spinal injuries.
- ♦ Poisoning, bites, & stings.
- ♦ Water emergencies (drowning).
- ♦ Exposure to communicable diseases.
- ♦ Emergency childbirth.
- ♦ Records of incident / accident.

ASSESSMENT

- ♦ Completion of workbook (requires 85% to pass).
- ♦ Practical demonstration of First Aid skills.

AWARD / CERTIFICATE

- ♦ QCTO Statement of Result.
- ♦ Digital certificate only.
- ♦ Valid for 3 years.
- ♦ *If found 'not yet competent', an attendance certificate will be issued.*

WHO SHOULD ATTEND?

- ♦ All individuals.
- ♦ Au pairs & child care givers.
- ♦ Persons wishing to immigrate.
- ♦ First Aid Facilitators

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FIRST-AID TRAINING SA

BASIC FIRE FIGHTING

DURATION

5+ hours

PRICE

R780 Incl. VAT

COURSE TYPE

Workshop – non-accredited

COURSE CONTENT

- ♦ Nature of fire.
- ♦ Identifying risks in the workplace.
- ♦ Fire classification.
- ♦ Methods of fire transmission.
- ♦ Firefighting and safety equipment.
- ♦ Firefighting procedures and techniques; incl. evacuation.
- ♦ Fire prevention.

REQUIREMENTS

- ♦ Read, write, & understand English.

ASSESSMENT

- ♦ Practical demonstration – use of a hand-held fire extinguisher.
- ♦ Completion of workbook (requires 85% to pass).
- ♦ *If found 'not yet competent', an attendance certificate will be issued.*

AWARD / CERTIFICATE

- ♦ First Aid Training SA Certificate. Valid for 2 years.
- ♦ Certificates will be issued to all candidates attending training within 10 working days from successful completion of training.
- ♦ Digital certificate.

WHO SHOULD ATTEND?

- ♦ All individuals.
- ♦ Building contractors.
- ♦ Mining contractors.
- ♦ Office workers.
- ♦ Safety representatives.
- ♦ Etc.

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SHE REP: Safety, Health, and Environmental Representative
For persons wishing to perform SHE REP duties at their workplace

DURATION

1 day

PRICE

R980 Incl. VAT

COURSE TYPE

Workshop – non-accredited

COURSE CONTENT

- ♦ Introduction to Occupational Health & Safety (OHS).
- ♦ Overview of the OHS ACT (no 85 of 1993).
- ♦ Overview of the General Safety & Administrative Regulations.
- ♦ Section 17 – Health and Safety Representatives.
- ♦ Section 18 – Functions of Health and Safety Representatives.
- ♦ Section 19 – Health and Safety Committees.
- ♦ Section 20 – Functions of Health and Safety Committees.
- ♦ Workplace inspections.
- ♦ Injury / accident reporting.
- ♦ Control measures.
- ♦ Employer & employee responsibilities.

REQUIREMENTS

- ♦ Read, write, & understand English.
- ♦ Communication & Math literacy on ABET Level 3.
- ♦ Grade 7 certificate.

ASSESSMENT

- ♦ Classroom assignments.
- ♦ *If found 'not yet competent', an attendance certificate will be issued.*

AWARD / CERTIFICATE

- ♦ First Aid Training SA Certificate. Valid for 2 years.
- ♦ Certificates will be issued to all candidates attending training within 10 working days from successful completion of training.
- ♦ Digital certificate.

WHO SHOULD ATTEND?

- ♦ Business owners / Managers.
- ♦ Persons in construction industry.
- ♦ Persons interested in OHS.
- ♦ Persons in mining industry.
- ♦ Safety representatives.
- ♦ Shop foremen, etc.

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