



FIRST-AID TRAINING SA

COURSE INFORMATION

February 2023 COURSES

- ♦ [US 119567](#) [Perform basic life support and first aid procedures \(First Aid Level 1\).](#)
- ♦ [US 120496](#) [Provide risk-based primary emergency care/first aid in the workplace \(First Aid Level 2\).](#)
- ♦ [Combo](#) [First Aid Level 2 & 3 combo](#)
US 120496 Provide risk-based primary emergency care/first aid in the workplace (First Aid Level 2).
US 376480 Provide first aid as an advanced first responder (First Aid Level 3).
- ♦ [Workshop](#) [Basic Fire Fighting.](#)
- ♦ [Workshop](#) [SHE REP \(Safety, Health, and Environmental Representative\).](#)
- ♦ [US 8016](#) [Maintaining occupational health, safety and general housekeeping. \(Accredited SHE REP\)](#)

All training interventions and material is in English.

Minimum entry requirement for all First Aid courses is a Grade 7 certificate.

Contact us for more information regarding onsite training and combo courses.



info@firstaidtrainingsa.co.za



012 460 9585



www.firstaidtrainingsa.co.za

FIRST AID TRAINING SA (PTY) LTD

Company Registration No: 2013/079938/07

T.E.T.A SETA Accreditation No: TETA20-1230

Department of Employment and Labour (DEL) No: CI 563/3/12/1



DIRECTOR
PRETORIA
JOHANNESBURG

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B-BBEE LEVEL 2 CONTRIBUTOR
HEAD OFFICE, 7 Van Wouw Street, Groenkloof
Unit 9 Rivonia Gate Office Park, 381 Rivonia Blvd, Sandton



PERFORM BASIC LIFE SUPPORT AND FIRST AID PROCEDURES

DURATION

2 days

PRICE

R1250.00 Incl. VAT

UNIT STANDARD

[119567](#)

ACCREDITATION

TETA: TETA20-1230

DEL: CI 563/3/12/1

COURSE CONTENT

- ◆ Elementary Anatomy and Physiology.
- ◆ Medico-legal implications – incl. consent.
- ◆ Emergency scene management.
- ◆ Primary & secondary survey.
- ◆ CPR – Adult, child, infant
- ◆ AED (Automated External Defibrillator)
- ◆ Respiratory distress – incl. artificial respiration.
- ◆ Choking – blocked airway - Adult, child & infant
- ◆ Circulatory shock.
- ◆ Wounds & bleeding.
- ◆ Burns & fractures.
- ◆ Unconsciousness & fainting.
- ◆ Head & spinal injuries.

REQUIREMENTS

- ◆ Read, write, & understand English.
- ◆ Communication & Math literacy on ABET Level 3.
- ◆ Grade 7 certificate.

ASSESSMENT

- ◆ Completion of workbook (requires 85% to pass).
- ◆ Practical demonstration of First Aid skills.
- ◆ *If found 'not yet competent', an attendance certificate will be issued. Candidates may redo assessments to gain competency by arrangement and for a reassessment fee.*

AWARD / CERTIFICATE

- ◆ TETA accredited competence certificate
- ◆ TETA statement of results within 6 – 8 months
- ◆ Digital certificate only.
- ◆ Valid for 3 years

WHO SHOULD ATTEND?

- ◆ All individuals.
- ◆ Building contractors.
- ◆ Child care givers.
- ◆ Coaches.
- ◆ Mining contractors.
- ◆ Office workers.
- ◆ Personal trainers.
- ◆ Teachers.
- ◆ Tourist guides, etc.

All training interventions and material is in English.





PROVIDE RISK-BASED PRIMARY EMERGENCY CARE / FIRST AID IN THE WORKPLACE

DURATION

3 days

PRICE

R1600 Incl. VAT

UNIT STANDARD

[120496](#)

ACCREDITATION

TETA: TETA20-1230

DEL: CI 563/3/12/1

COURSE CONTENT

- ♦ Medico-legal implications – incl. consent.
- ♦ Emergency scene management.
- ♦ Primary & secondary survey.
- ♦ CPR – one & two person; adult, child, infant.
- ♦ AED (Automated External Defibrillator)
- ♦ Respiratory distress – incl. artificial respiration.
- ♦ Choking – blocked airway; adult, child, infant.
- ♦ Circulatory shock.
- ♦ Wounds & bleeding – incl. amputations and chest injuries.
- ♦ Burns & fractures.
- ♦ Unconsciousness & fainting.
- ♦ Head & spinal injuries.
- ♦ Environmental injuries & illnesses.
- ♦ Poisoning, bites, and stings.
- ♦ Records of incident / accident

REQUIREMENTS

- ♦ Read, write, & understand English.
- ♦ Communication & Math literacy, NQF Level 1.
- ♦ Grade 9 certificate.

ASSESSMENT

- ♦ Completion of workbook (requires 85% to pass).
- ♦ Practical demonstration of First Aid skills.
- ♦ *If found 'not yet competent', an attendance certificate will be issued. Candidates may redo assessments to gain competency by arrangement and for a reassessment fee.*

AWARD / CERTIFICATE

- ♦ TETA accredited competence certificate
- ♦ TETA statement of results within 6 – 8 months
- ♦ Digital certificate only.
- ♦ Valid for 3 years

WHO SHOULD ATTEND?

- ♦ All individuals.
- ♦ Au pairs & child care givers.
- ♦ Persons wishing to immigrate.
- ♦ New parents, etc.

All training interventions and material is in English.





FIRST-AID TRAINING SA

US 120496 & 376480 FIRST AID LEVEL 2 & 3

**PROVIDE RISK-BASED PRIMARY EMERGENCY CARE/FIRST AID IN THE WORKPLACE &
PROVIDE FIRST AID AS AN ADVANCED FIRST RESPONDER**

DURATION

4 days

PRICE

R2400 Incl. VAT

UNIT STANDARD

[120496](#)

[376580](#)

ACCREDITATION

TETA: TETA20-1230

DEL: CI 563/3/12/1

COURSE CONTENT

- ♦ Medico-legal implications – incl. consent.
- ♦ Emergency scene management.
- ♦ Primary & secondary survey.
- ♦ CPR – one & two person; adult, child, infant; AED.
- ♦ Respiratory distress – incl. artificial respiration & oxygen therapy.
- ♦ Choking – blocked airway; adult, child, infant.
- ♦ Circulatory shock.
- ♦ Wounds & bleeding – incl. amputations and chest injuries.
- ♦ Burns & fractures.
- ♦ Unconsciousness & fainting.
- ♦ Head & spinal injuries.
- ♦ Environmental injuries & illnesses.
- ♦ Poisoning, bites, and stings.
- ♦ Anatomy & physiology.
- ♦ Disorders and diseases.
- ♦ Pregnancy & emergency childbirth.

REQUIREMENTS

- ♦ Read, write, & understand English.
- ♦ Communication & Math Literacy, NQF Level 2.
- ♦ Grade 10 certificate.

ASSESSMENT

- ♦ Completion of workbook (requires 85% to pass).
- ♦ Practical demonstration of First Aid skills.
- ♦ *If found 'not yet competent', an attendance certificate will be issued. Candidates may redo assessments to gain competency by arrangement and for a reassessment fee.*

AWARD / CERTIFICATE

- ♦ TETA accredited competence certificate
- ♦ TETA statement of results within 6 – 8 months
- ♦ Digital certificate only.
- ♦ Valid for 3 years

WHO SHOULD ATTEND?

- ♦ All individuals.
- ♦ Au pairs & child care givers.
- ♦ Persons wishing to immigrate.
- ♦ New parents, etc.

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FIRST-AID TRAINING SA

BASIC FIRE FIGHTING

DURATION

5+ hours

PRICE

R780 Incl. VAT

COURSE TYPE

Workshop - nonregistered

COURSE CONTENT

- ♦ Nature of fire.
- ♦ Identifying risks in the workplace.
- ♦ Fire classification.
- ♦ Methods of fire transmission.
- ♦ Firefighting and safety equipment.
- ♦ Firefighting procedures and techniques; incl. evacuation.
- ♦ Fire prevention.

REQUIREMENTS

- ♦ Read, write, & understand English.

ASSESSMENT

- ♦ Practical demonstration – use of a hand-held fire extinguisher.
- ♦ Completion of workbook (requires 85% to pass).
- ♦ *If found 'not yet competent', an attendance certificate will be issued.*

AWARD / CERTIFICATE

- ♦ First Aid Training SA Certificate. Valid for 2 years.
- ♦ Certificates will be issued to all candidates attending training within 10 working days from successful completion of training.
- ♦ Digital certificate.

WHO SHOULD ATTEND?

- ♦ All individuals.
- ♦ Building contractors.
- ♦ Mining contractors.
- ♦ Office workers.
- ♦ Safety representatives.
- ♦ Etc.

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SHE REP: Safety, Health, and Environmental Representative
For persons wishing to perform SHE REP duties at their workplace

DURATION

1 day

PRICE

R980 Incl. VAT

COURSE TYPE

Workshop - nonregistered

COURSE CONTENT

- ♦ Introduction to Occupational Health & Safety (OHS).
- ♦ Overview of the OHS ACT (no 85 of 1993).
- ♦ Overview of the General Safety & Administrative Regulations.
- ♦ Section 17 – Health and Safety Representatives.
- ♦ Section 18 – Functions of Health and Safety Representatives.
- ♦ Section 19 – Health and Safety Committees.
- ♦ Section 20 – Functions of Health and Safety Committees.
- ♦ Workplace inspections.
- ♦ Injury / accident reporting.
- ♦ Control measures.
- ♦ Employer & employee responsibilities.

REQUIREMENTS

- ♦ Read, write, & understand English.
- ♦ Communication & Math literacy on ABET Level 3.
- ♦ Grade 7 certificate.

ASSESSMENT

- ♦ Classroom assignments.
- ♦ *If found 'not yet competent', an attendance certificate will be issued.*

AWARD / CERTIFICATE

- ♦ First Aid Training SA Certificate. Valid for 2 years.
- ♦ Certificates will be issued to all candidates attending training within 10 working days from successful completion of training.
- ♦ Digital certificate.

WHO SHOULD ATTEND?

- ♦ Business owners / Managers.
- ♦ Persons in construction industry.
- ♦ Persons interested in OHS.
- ♦ Persons in mining industry.
- ♦ Safety representatives.
- ♦ Shop foremen, etc.

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Maintaining occupational health, safety and general housekeeping. (Accredited SHE REP)

DURATION

1 – 2 days (depending on size)

PRICE

R1250 Incl. VAT

UNIT STANDARD

[8016](#)

COURSE CONTENT

- ♦ Use of correct protective clothing and equipment.
- ♦ Identify hazards.
- ♦ Evaluate and report hazards.
- ♦ Control hazards.
- ♦ Relevant legislation and its application / implementation.
- ♦ Gathering and organising OHS information from the workplace.
- ♦ Carrying out occupational health and safety training.
- ♦ Apply preventative measures.
- ♦ Select, explain and demonstrate good housekeeping practices.

ACCREDITATION

TETA: TETA20-1230

DEL: CI 563/3/12/1

REQUIREMENTS

- ♦ Read, write, & understand English.
- ♦ NQF 1 GET Certificate.
- ♦ Grade 9 certificate.

ASSESSMENT

- ♦ Classroom assignments.
- ♦ *If found 'not yet competent', an attendance certificate will be issued.*

AWARD / CERTIFICATE

- ♦ TETA accredited competence certificate.
- ♦ TETA statement of results within 6 – 8 months
- ♦ Digital certificate only.
- ♦ Valid for 2 years

WHO SHOULD ATTEND?

- ♦ SHE Representatives.
- ♦ Union Representatives.
- ♦ Safety Committee members.
- ♦ Managers / supervisors.

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FIRST-AID TRAINING SA

US 252250

Apply Fire Fighting Techniques

DURATION

1 day course

PRICE

R980.00 Incl. VAT

UNIT STANDARD

[252250](#)

ACCREDITATION

TETA: TETA20-1230

DEL: CI 563/3/12/1

REQUIREMENTS

Read, write, & understand English.

Communication & Math literacy on ABET Level 3.

Grade 7 certificate.

ASSESSMENT

- ♦ Practical demonstration – use of a hand-held fire extinguisher.
- ♦ Completion of workbook (requires 85% to pass).
- ♦ *If found 'not yet competent', an attendance certificate will be issued.*

AWARD / CERTIFICATE

- ♦ First Aid Training SA Certificate. Valid for 2 years.
- ♦ Certificates will be issued to all candidates attending training within 10 working days from successful completion of training.
- ♦ Digital certificate.

WHO SHOULD ATTEND?

- ♦ All employees responsible for workplace firefighting and appointed workplace firefighters

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